

Self Defense Program by the Ali Kemp Educational Foundation

Johnson County, Kan. - infoZine - A self-defense program meant to help women and girls fight the kind of violence which killed a 19-year-old Leawood resident during the summer of 2002 is being offered at a Shawnee location in early October.

The program is called The Ali Kemp Educational (T.A.K.E.) Foundation Seminar and takes its name from a woman who was strangled in June 2002 while working alone as a lifeguard at a subdivision pool.

This award-winning program, which has been presented to well over 5,000 women and girls since mid-2004, gives women ages 12 and up the self-protection skills they need to avoid becoming the victims of violent crime. Participants are encouraged to bring a friend as portions of the curriculum use a partner and mothers and daughters make great teams. Participants will learn basic techniques which could save their lives and thwart an attack.

The program is being presented by T.A.K.E. (The Ali Kemp Educational) Foundation in cooperation with the Johnson County Park and Recreation District, City of Leawood Parks and Recreation, and the Blue Valley Recreation Commission. The program was designed by JCPRD Corporate and Community Wellness Manager Jill Leiker, a professional self-defense trainer, with consultation with local law enforcement agencies. The idea for the program was originally brought by representatives of the Kemp family to the local recreation agencies.