

## Self Defense Program by the Ali Kemp Educational (t.a.k.e.) Foundation

A program which represents a living legacy in honor of Ali Kemp, a 19-year-old Leawood resident who was murdered while working as a lifeguard at a residential subdivision pool in the summer of 2002, is being offered at Johnson County Community College in early February.

Johnson County, Kan. - infoZine - The program is called T.A.K.E. Defense Training and has as its goal giving women of any age the self-protection skills they need to avoid becoming the victims of violent crime. Participants are encouraged to bring a friend as portions of the curriculum use a partner and mothers and daughters make great teams. Participants will learn basic techniques which could save their lives and thwart an attack.

This program is being presented by T.A.K.E. (The Ali Kemp Educational) Foundation in cooperation with the Johnson County Park and Recreation District, City of Leawood Parks and Recreation, the Blue Valley Recreation Commission. The program was designed by JCPRD Corporate and Community Wellness Manager Jill Leiker, a professional self-defense trainer, in consultation with local law enforcement agencies. The idea for the program was originally brought by representatives of the Kemp family to the local recreation agencies.