



FOR IMMEDIATE RELEASE
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ONLINE REGISTRATION OPEN FOR FREE T.A.K.E. DEFENSE CLASSES AT KAUFFMAN STADIUM

First of Two Classes Set for May 2

KANSAS CITY, MO (April 6, 2009) – Royals Charities is teaming once again with 98.1 KUDL and The Ali Kemp Educational Foundation to host two T.A.K.E. Defense self-defense classes on the field at Kauffman Stadium during the 2009 season. The classes, which are free-of-charge and open to females ages 12 and older, are scheduled for **Saturday, May 2 from 10 a.m. to noon and Saturday, September 19 from 10 a.m. to noon.** In 2008, the Royals hosted their first two T.A.K.E. Defense classes, welcoming more than 700 females to The K.

Participants for the 2009 classes must pre-register for the class online at royals.com/takedefense. All participants must sign a waiver, which is also available online. Participants under the age of 18 will also need a signature from a parent or guardian to participate.

The T.A.K.E. Defense classes aim to raise safety awareness and give women self-protection skills they need to avoid becoming the victims of violent crime. Participants will receive safety awareness tips and hands-on training in basic life-saving self-defense techniques during the class.

The Ali Kemp Educational Foundation was created in honor of the late Ali Kemp, a metro teen who was murdered in 2002. T.A.K.E. Defense serves as a legacy to Ali's life and has trained more than 26,000 girls and women in basic self-defense skills. T.A.K.E. Defense carries its message and training locally and across the United States each year to communities, colleges, and universities and has been featured on *America's Most Wanted*, *ABC's "20/20"* and *CBS Prime Time* along with numerous local and regional newscasts.

For additional information, members of the media may contact the Royals Publicity Department at (816) 921-8000 or the Foundation's Marketing/Media Director, Jennifer Wyand, at (913) 669-7364.

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